



HEALTH HAZARDS

First Aid Kit & Emergency Readiness Checklist

Frequency: Weekly

Date: _____

Job site: _____

Supervisor: _____

Kit Contents

☐	Adhesive bandages (assorted), sterile gauze pads & rolls
☐	Trauma dressing / pressure bandage; tourniquet
☐	Adhesive tape, elastic wrap, triangular bandage
☐	Antiseptic wipes; burn dressing/gel
☐	Nitrile gloves (multiple pairs), CPR barrier mask
☐	Eye wash and eye pads; scissors & tweezers
☐	Emergency blanket; instant cold packs
☐	Nothing expired; kit sealed/clean; contents list present

Site Readiness

☐	Kit location marked & known to the crew; unblocked
☐	AED location known; pads & battery in date
☐	Site ADDRESS posted for 911 calls
☐	Emergency contacts & nearest hospital route posted
☐	Trained first-aider(s) identified for this shift
☐	Eyewash station (where chemicals used): clean, accessible, flushed

Inspected by: _____ Signature: _____